

Did you know BluePeak can support Non-Quantitative **Treatment Limitation (NQTL) comparative analysis?**

BluePeak's expert consultants will perform a comprehensive documentation review and conduct interviews with key staff to determine NQTLs for Med/Surg (Medical/Surgical) benefits and MH/SUD (Mental Health/Substance Use Disorder) benefits are comparable in both written form and operational practice, and that they are not applied more stringently to MH/SUD benefits than to Med/Surg benefits.

OUR SERVICES INCLUDE:

- **CONDUCTING NOTL ANALYSES**
- **POLICY AND PROCESS REVIEWS** A
- **REGULATORY GUIDANCE**
- **AUDIT PREPARATION**
- TRAINING AND EDUCATION









BluePeak's NQTL Competitive Analysis

BluePeak supports employer groups, health plans and Pharmacy Benefits Managers (PBMs) with Non-Quantitative Treatment Limitation (NQTL) Comparative Analysis.

THE BLUEPEAK WAY

Conducting NQTL Analyses

Comprehensive approach that helps detect potential inequalities between mental health/substance use disorder (MH/SUD) services and medical/surgical (Med/Surg) services.

Policy and Process Reviews Reviewing plan designs, policies, and processes to identify potential compliance gaps.

Regulatory Guidance Providing updates and insights on MHPAEA regulations to ensure clients remain compliant.

Audit Preparation Assisting clients in preparing for audits or inquiries by federal or state regulators.

Training and Education

Offering tailored training to clients and their teams on MHPAEA and NQTL compliance.



READY TO ENSURE YOU SUCCESSFULLY IMPLEMENT MHPAEA REQUIREMENTS?

Contact us to learn more about how BluePeak can help.

CONNECT WITH US



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